

December Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cocoa K Bar - \$@ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	2 Cereal w/String Cheese ^+@ 1 oz G 1 oz M Fruit Cocktail 1/2 cup F Milk1% @ 8oz
5 Ch Chip Breakfast Bar 2.5 oz G Tangerine 1/2 cup F Milk1% @ 8oz	6 Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	7 Muffin Top ^+ \$ 3 oz G Banana 1/2 cup F Milk1% @ 8oz	8 Pillsbury Cinnis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	9 Oat Breakfast Bun ^+ \$% @ 2.6 oz G Fruit Cocktail 1/2 cup F Milk1% @ 8oz
12 Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	13 Apple Cinnamon Mini Muffin ^+ \$ 1.9 oz G Apple 1/2 cup F Milk1% @ 8oz	14 Breakfast Apple Bar ^+ \$% @ 2oz G Banana 1/2 cup F Milk1% @ 8oz	15 Cocoa K Bar - \$@ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	16 Whole Wheat Vanilla Breakfast Square ^+ % 2.oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz
19 Ch Chip Breakfast Bar 2.5 oz G Tangerine 1/2 cup F Milk1% @ 8oz	20 Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	21 Muffin Top ^+ \$ 1.9oz G Banana 1/2 cup F Milk1% @ 8oz	22 Pillsbury Cinnis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	23
26 Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	27 Apple Cinnamon Mini Muffin ^+ \$ 1.9 oz G Apple 1/2 cup F Milk1% @ 8oz	28 Breakfast Apple Bar ^+ \$% @ 2oz G Banana 1/2 cup F Milk1% @ 8oz	29	30

SERVED WITH

1% MILK

ALL GRAINS ARE WHOLE
GRAIN RICH

Peanuts!!
Pork* Beef#
Whey= Soy\$
Corn> Wheat+
Milk@ Gluten^
Eggs% Fish~